

Parent Information

2010 *Outdoor Season*

FUN

SKILLS

FITNESS

TRAINING

DEDICATION

SPORTSMANSHIP



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To the Parents of PSA Soccer

The PSA Soccer Board would like to welcome you all to another season of soccer. This booklet contains information that will answer some of your questions, so please read through it carefully. I would like to remind everyone that all our coaches, coordinators and board members are volunteers. The success or failure of minor sports in Calgary is so heavily dependant on people that volunteer their time. It is because of these volunteers that we are able to provide your children the opportunity to play the wonderful game of soccer. **The abuse of volunteers will not be tolerated and will result in an immediate suspension.** This includes the abuse of players, other parents and in most cases our young referees. You may not always agree with their decision or coaching methods but remember these people have stepped up to coach or ref your child's team. Please treat them with the respect and courtesy they deserve.

When you watch your children play you are representing PSA Soccer, poor behaviour on your part effects the whole organization and will not be allowed. We will suspend anyone who abuses a Coach, Player, Ref or another parent. Soccer is a game played by our children, **yelling and screaming will not affect the outcome of the game but it will affect our children.** Remember it's supposed to be fun and enjoyable for our kids. All the rules that govern PSA Soccer can be found in the back of this booklet please read them carefully.



Calling For All Volunteers!!

We need many people to volunteer to insure that all the kids get to play soccer. PSA Soccer is constantly requiring age group coordinators, if your child is playing we need parents to step up and volunteer. We are also looking for coaches, referees and board members. The future of PSA Soccer depends on the parents of the younger children to fill the spots on the board. If you are able to volunteer or need more info please ask a board member or email psasoccer@live.com.

Regards

PSA Soccer Committee

Registration Information

Thanks again for registering with PSA Soccer. This section will explain what happens after you have registered and what your registration fee includes.

2010 Outdoor Fees

The PSA Soccer Board works hard every year to give our members value for every dollar. A lot of our costs are out of our control such as the fees paid for the use of the fields to practice on and Calgary Minor Soccer the governing body for Soccer in Calgary. Below are some of the costs that have increased and the percentage of the fees they represent.

Calgary Minor Soccer Association fees represents 45% of the registration fee

It's important to remember that this fee includes the rental of the soccer centre for all indoor games and 2 referees officiating games.

Field rentals represents 25% of your registration fee

PSA is a non profit organization that runs entirely by volunteers. The fee increase this year is mostly because of the 2 main items above. We will continue to offer technical training for our coaches and players; we believe this is an important part of developing our players and coaches.

Uniforms

1 soccer jersey, 1 pair of shorts and 1 pair of soccer socks **will be provided for you to keep.**

You are required to purchase soccer shoes which are suggested but not mandatory however shin pads are mandatory. You are entitled to a 10% discount at Strikers or Final Goal if you mention you are playing with PSA.



#109, 3424 - 27th Street, NE
Phone: (403) 291-1090



Strikers Soccer Supplies Inc - North

#925, 2220 - 68th Street, NE.
Phone: (403) 285-5352

PSA Soccer supplies



Supplied by player



Shoes



Shin pads - Mandatory

Team / Individual Photos

Team / Individual photos will be held on May 8th at NESS. Your coach will let you know what time your team is to be there or check out the website www.psasports.ca/soccer .

Tax Receipts

Tax receipts will be mailed out at the end of the year.

Tournaments

Your team is entitled to one tournament per season. Coaches are responsible for entering their team. If your team would like to participate in additional tournaments then your team will be responsible for all funding.

17th PSA World Cup (June 20 & 21) – All U4, U6 & U8

- Coaches will be notified

15th Annual President's Cup (May 21-24th)– All U10, All U12 and U14-U18 Tier III/ IV, seeding teams and below

- Fri April 30 - Team entry deadline
- Mon May 10 - Schedules are available

35th Annual Girl's Tournament (July 9-11)– U14-U18 Tier I, II, and III.

- Fri June 11 - Team entry deadline
- Fri June 25 - Schedules are available
- Wed June 30 - Team Rosters Due

45th Annual Boy's Tournament (July 9-11)– U14-U18 Tier I, II, and III

- Fri June 11 - Team entry deadline
- Fri June 25 - Schedules are available
- Wed June 30 - Team Rosters Due

Teams

U4–U8 coaches will contact you 2 weeks prior to the start of the season (April 24th)

U10-U18 grading is March 24, 25, 29 & 30 and you will be contacted with a time for your age group at the Soccer Centre. After that you will be contacted by your coach prior to the start of the season (April 24th) with practice/games details. Will we also know which teams will be placed in which tier after the gradings.

If for any reason you have not received a call by April 10th please contact your age coordinator located on the last page.

Practices

U4-U6 there will be a short practice/warm up prior to games.

U8-U18 will have 1 practice / week

Games

U14-U18

For all age groups, Tiers I-IV will play any day of the week.

U14 Tier V will play on Tuesdays and Saturdays.

U14 Tier VI will play on Wednesdays and Sundays.

U12

Tiers I-IV will play any day of the week.

Tiers V and VI will play a seeding round and playoff round where possible

Tier V will play on Wednesdays and Sundays.

U12 Tier VI will play on Tuesdays and Saturdays

U10

U10 Tier A will be scheduled on Wednesday and Sunday.

U10 Tier B will play on Mondays and Saturdays.

U10 Tier C will play on Thursdays and Sundays.

U8 Boys

Play Tuesday and Thursday at NESS and Martindale

U8 Girls

Play Tuesday and Thursday at Monterey Park

U6

Play Monday and Wednesday 6:15-7:30 (incl. 15 minute warm-up) at NESS or Martindale

U4

Play Monday and Wednesday 6:15-7:30 (incl. 15 minute warm-up) at NESS

Outdoor Fields

CMSA Fields (U10 & up)

Code	Field Name/Link	Address	Field Status Contact
AIRD	Airdrie	go to www.airdriesoccer.com	912-7999
AB1	Andrew Sibbald 1	1711 Lake Bonavista Drive SE	www.calgaryminorsoccer.com
AB2	Andrew Sibbald 2	1711 Lake Bonavista Drive SE	www.calgaryminorsoccer.com
AB3	Andrew Sibbald 3	1711 Lake Bonavista Drive SE	www.calgaryminorsoccer.com
AW	Aspen Woods	Aspen Stone Blvd and Aspen Stone Road	www.calgaryrangers.com
BLN	Bottomlands - North	St. George's Drive NE, south of 8 Ave NE	268-2300 ext 9855 - press *
BLS	Bottomlands - South	St. George's Drive NE, south of 8 Ave NE	268-2300 ext 9855 - press *
BP	Beddington Park (CMSA)	72 Bedridge Way NE	www.msbunited.ca
C	Christie (CMSA)	Christie Estate Blvd SW and 69 St SW	www.calgaryrangers.com
CHES	Chestermere	Check Website	www.chestermeresoccer.com
COCH	Cochrane	go to www.932kick.com	851-2552
DCAL	Dalhousie Comm Assoc - Lower	5432 Dalhart Road NW	www.northstarsoccer.ca
F1	Foothills 1	2424 University Drive NW	268-2300 ext 9855 - press 5
F4	Foothills 4	2424 University Drive NW	268-2300 ext 9855 - press 5
F5	Foothills 5	2424 University Drive NW	268-2300 ext 9855 - press 5
F6	Foothills 6	2424 University Drive NW	268-2300 ext 9855 - press 5
FL1	Forest Lawn 1	4808 14 Avenue SE	268-2300 ext 9855 - press 3
FM1	Frank McCool 1	1900 Lake Bonavista Drive SE	268-2300 ext 9855 - press 2
FM2	Frank McCool 2	1900 Lake Bonavista Drive SE	268-2300 ext 9855 - press 2
FS	Fred Seymour	809 Willingdon Blvd SE	www.willowridgesoccer.com
G1	Glenmore 1	5300 19 Street SW	268-2300 ext 9855 - press 6
G7	Glenmore 7	5300 19 Street SW	268-2300 ext 9855 - press 6
G8	Glenmore 8	5300 19 Street SW	268-2300 ext 9855 - press 6
G9	Glenmore 9	5300 19 Street SW	268-2300 ext 9855 - press 6
G10	Glenmore 10	5300 19 Street SW	268-2300 ext 9855 - press 6
HPW	Hopewell (CMSA)	Hopwell Place NE & 27 St NE	www.eastsidesoccer.com
INL3	Inland Field 3	112 Ave NW, west of Sarcee Trail NW	www.calgaryblizzard.com
INL4	Inland Field 4	112 Ave NW, west of Sarcee Trail NW	www.calgaryblizzard.com
INL5	Inland Field 5	112 Ave NW, west of Sarcee Trail NW	www.calgaryblizzard.com
INL7	Inland Field 7	112 Ave NW, west of Sarcee Trail NW	www.calgaryblizzard.com
O12	Oakridge 6	5020 26 Avenue SW	268-2300 ext 9855 - press 8
OKOT	Okotoks	go to www.omsa.ca	938-6502
P	Patina	Patina Drive SW & Patterson Blvd SW	www.calgaryrangers.com
PD1	Pop Davies 1	6450 Ogden Road SE	268-2300 ext 9855 - press 3
PD2	Pop Davies 2	6450 Ogden Road SE	268-2300 ext 9855 - press 3
R1	Renfrew 1	802 16 Ave NE	268-2300 ext 9855 - press 1
R2	Renfrew 2	802 16 Ave NE	268-2300 ext 9855 - press 1
RCP	Rotary Challenge Park	3688 - 48 Ave NE	670-5485
S1	Shouldice 1	1515 Home Road NW	268-2300 ext 9855 - press 4
S2	Shouldice 2	1515 Home Road NW	268-2300 ext 9855 - press 4
S8	Shouldice 8	1515 Home Road NW	268-2300 ext 9855 - press 4
S13	Shouldice 13	1515 Home Road NW	268-2300 ext 9855 - press 4
S14	Shouldice 14	1515 Home Road NW	268-2300 ext 9855 - press 4
S17	Shouldice 17	1515 Home Road NW	268-2300 ext 9855 - press 4
S18	Shouldice 18	1515 Home Road NW	268-2300 ext 9855 - press 4

Code	Field Name/Link	Address	Field Status Contact
SC1	Soccer Centre 1	7000 48 St SE	268-2300 ext 9855 - press 9
SC2	Soccer Centre 2	7000 48 St SE	268-2300 ext 9855 - press 9
SC3	Soccer Centre 3	7000 48 St SE	268-2300 ext 9855 - press 9
SC4	Soccer Centre 4	7000 48 St SE	268-2300 ext 9855 - press 9
STRA	Strathmore	contact the Strathmore coach	324-SPUR (7787)
TB1	Tom Brooks 1	2000 Southland Drive SW	268-2300 ext 9855 - press 7
WS	Westside	20 Springborough Blvd SW	www.calgaryrangers.com
W3	Woodbine 3	24 St SW & 127 Ave SW	268-2300 ext 9855 - press 2
W4	Woodbine 4	24 St SW & 127 Ave SW	268-2300 ext 9855 - press 2

PSA Fields (U4, U6 & U8)

Code	Field Name/Link	Address	Status
MS	Monterey Park South	26 Ave & Catalina Blvd. N.E	PSA fields are updated by 4 pm weekdays, 9 am weekends http://www.psasoccer.net/default.asp
MN	Monterey Park North	Catalina Blvd. & Costa Mea Cl. N.E.	
	Pineridge	Rundlehorn Dr. & 26 Ave. N.E.	
NESS1	NESS 1	Monsignor Heatherington School	
NESS2	NESS 2	Monsignor Heatherington School	
NESS3	NESS 3	Monsignor Heatherington School	
	Father Scollen Elementary	6839 Temple DR NE	
	Coral Sands	193 Coral Sands PL. N.E.	
	Martindale	Martindale Blvd. & Martinbrook Rd. N.E.	
	Whitehorn	Annie Gale School	
GH	Dr. Gorden Higgins	Rundlelawn Rd. & Rundlelawn Pl. N.E.	
	Annie Foote	Temple Dr. & 64 St. N.E.	
VSE	Village Square East	Lester B Pearson High School	
VSN	Village Square North	Lester B Pearson High School	
PW	Prarie Winds	54 Ave & Westwinds Dr. N.E.	
MN	Martindale North	Martindale Blvd. & Martinvalley Pl. N.E.	
	Guy Weadick	5612 Templehill Road N/E	
TGRN	TempleGreen	Templegreen Dr. & Templevale Dr. N.E.	
TAR1	Taradale 1	Taradale Dr. & Tarvista Way. N.E.	

Calgary Soccer Centre

If you are not a coach and/or player the Calgary Soccer Centre charges an entry fee. Ages 18 and under and 65 and over are free, otherwise;

- \$3.50 per entry
- \$40.00 single season pass
- \$60.00 family season pass (2 adults)

These can be purchased at the Calgary Soccer Centre.

CMSA Player Card

Every child that plays for a City team from U12 - U18 needs to have a CMSA player card. The cards cost \$10.00.

Before you make an appointment you will need your child's CMSA number. Every child that has played for a City team has a CMSA number that they keep forever. Ask your Co-ordinator for the CMSA number at grading.

When you have the CMSA number you will need to go to Calgary Minor's website www.calgaryminorsoccer.com

Follow the link to book an appointment. No child playing in U12 and above can play without a card (This link will be available mid Sept.)

1. Get your child's CMSA number from your coach / or group coordinator
2. Make an appointment with Calgary Minor
3. Go down to the Calgary Soccer Centre - 7000 -48 Street S.E.
4. Take your child's Alberta Health Care Card and or Birth Certificate for age verification
5. Give the card to your coach

Below are the times available to book for your player card. You must make an appointment at www.calgaryminorsoccer.com

Photo Identification - by appointment only dates

Tue April 13 to Thurs April 15	5:00pm – 8:00pm	Calgary Soccer Centre
Sat April 17	10:00am – 4:00pm	Calgary WEST Soccer Centre
Sun April 18	10:00am – 4:00pm	Calgary WEST Soccer Centre
Tue April 20 to Thurs April 22	5:00pm – 8:00pm	Calgary Soccer Centre
Tue April 27 to Thurs April 29	5:00pm – 8:00pm	Calgary Soccer Centre
Sat May 1	10:00am – 4:00pm	Calgary Soccer Centre
Sun May 2	10:00am – 4:00 pm	Calgary Soccer Centre
Tue May 4 to Thu May 6	5:00pm – 8:00pm	Calgary Soccer Centre

Learn Soccer Together

Learn the game together. Be as helpful, understanding and patient as you are when your child is learning other skills in life. You are your child's first and most influential teacher/coach. The stimulation and support you provide can help your child gain the greatest possible benefit from participating in youth sports and instills a desire to play soccer. Make this learning experience together as much fun as possible so your child becomes self motivated and improves on his own.

Before the Game Maintain your family's routine as much as possible. Keep family conversation "usual" (focusing on the game can cause unneeded stress). Dinner the evening before a game should include plenty of fluids and something from each of the four food groups - milk, meat, vegetables and fruits and Carbohydrates (e.g., breads, cereals, rice, pasta). Carbohydrates provide muscle fuel and energy.

Avoid last minute preparation. Have your child gather his game equipment early, and check each piece to ensure it is clean and in playing condition.

Game Day Eating Tips

If possible, eat a light meal three hours before the game for proper digestion. The meal should include the four food groups. To provide needed energy, eat more carbohydrates.

Water Consumption - Fifteen to thirty minutes before the game, drink up to 20 ounces of water. Get assurance from the coach that more than one cup of water will be provided at half time. After the game, drink plenty of water to re-hydrate.

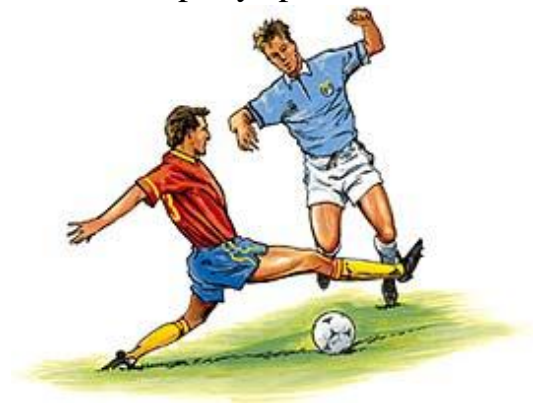
Arrive at the field before the coach's scheduled arrival time.

At the Field

When the coach arrives and takes charge, assume the role of spectator and remain behind the spectator line (unless otherwise requested by the coach or manager).

Let Coaches Coach & the Referees Ref!

Sideline instructions may conflict with what the coach has taught and may confuse the players. Your child mirrors your actions and reactions, so set a good example. If you want to raise a good sport, be a good sport. If you feel you can not be an exemplary spectator, consider not attending.



Codes of Conduct

Parent's Code

- Children have more need for example than criticism.
- Make athletic participation a positive experience for your child and others.
- Attempt to relieve competition pressure, not increase it. A child is easily affected by outside influences.
- The opponents are necessary friends; without them your child could not participate.
- Applaud good plays by your team and by members of the opposing team.
- Between the exuberance of the winner and the disappointment of the loser we find a person called a referee. They all follow the same creed - to watch every move of every player and to call the game to the best of his/her ability. Do not openly question his/her judgment, and never the honesty of that judgment. He/she is a symbol of fair play, integrity and sportsmanship.
- Be kind to your child's coach and officials. The coach is providing a valuable community service by volunteering personal time and money for your child's recreation, often without reward other than personal satisfaction in having served the community.
- Parental attitudes at games towards their child, the opposing team, the officials and the coach, influence the child's values and behaviour in sports. Sometimes, overly anxious or protective parents bent on immediate success rather than long-range benefits criticize officials and opponents and show disrespect. This inappropriate behaviour devalues the sport and creates unnecessary stress for the player. It is not in keeping with the spirit of the game.

Coach's Code

- Soccer is a game for happiness.
- The laws of soccer should be regarded as mutual agreements, the spirit of which should be respected and unbroken.
- Visiting teams and spectators are honoured guests.
- No advantages except those of superior skill should be sought.
- Officials and opponents should be treated and regarded as honest in intention.
- Official decisions should be accepted without anger no matter how unfair they may seem. Winning is desirable, but winning at any cost defeats the purpose of the game.
- Losing can be a triumph when the team has given its best.
- The ideal is the greatest good to the greatest number.
- In soccer, as in life, treat others as you would have them treat you.

Player's Code

- Play the game for the game's sake.
- Be generous when you win.
- Be graceful when you lose.
- Be fair always no matter what the cost.
- Obey the laws of the game.
- Work for the good of your team.
- Accept the decisions of the officials with good grace.

PSA Soccer Guidelines

The following rules are the guidelines for how the PSA Soccer board runs the program and disciplines coaches, players and parents. In the past these rules have not always been enforced. It is the intent of the Board to make sure the rules are followed beginning this season. **Please be sure to read and understand them all.**

All players are required to play in uniforms depicting PSA colors. Uniforms will be supplied by PSA Soccer. Sponsorship advertising on Uniforms is subject to PSA Soccer committee approval. Team uniforms and equipment are to be worn only at team events.

Coaches shall accept full responsibility for all equipment assigned to them at the beginning of the season and returned at the end of the season.

All coaches must attempt to play the team members an equal amount of time.

Disciplinary action of a player is exempt from this rule.

No tournament, exhibition games or other activities shall be attended by PSA Soccer teams should it interfere or conflict with CMSA season or playoffs.

Any coach planning to involve his or her team in a specific tournament, exhibition game or other activity which shall entail travel outside the City of Calgary, shall be able to do so after obtaining written approval from the appropriate coordinator. Prior to obtaining such approval, the coach must present a signed confirmation from 70% of the parents of the team members, indicating their consent to such a trip. This confirmation should include a statement from the parents waiving any and all responsibility of liability, which may be attributed to the PSA in the event of an accident, and/or damage, which might occur. PSA shall not assume any liability or debt incurred as a result of such travel. A travel permit must be obtained from CMSA and ASA

Any coach planning or undertaking a fund raising event on behalf of his or her team must schedule that event through the appropriate Divisional Coordinator prior to the event and seek PSA Soccer Board approval.

All players, coaches and parents shall conduct themselves, while representing PSA in a sportsmanlike manner. Any verbal abuse of a referee, coach, parent, or child could result in immediate suspension of the offending participants.

Any coach, director, parent, or player found to be operating outside PSA by-laws or PSA Soccer Guidelines will be dealt with by the PSA Soccer Discipline Committee.

PSA Soccer Discipline Committee

Any player, parent, or coach attending a practice or game, who is believed to be incapacitated due to alcohol or drugs, is to be immediately reported to the division coordinator. A minimum of one (1) game suspension will be imposed for the first offence.

Failure to comply with any of these guidelines may result in suspension.

These guidelines are in addition to CMSA by-laws and the PSA

By-laws, PSA Mission Statement and PSA Sports Philosophy.

The PSA Soccer Discipline Committee will handle all disciplinary action

Discipline Committee

1. The PSA Soccer Discipline Committee shall consist of the following members:
 - a) Chairperson (elected from Soccer Committee Members)
 - b) Soccer Director
 - c) Assistant Soccer Director
 - d) Appropriate Age Group Coordinator
 - e) Coaches Coordinator
2. A Discipline Committee meeting must have a minimum of three of the above persons and its decisions must be unanimous. Any decision issued must be in writing to ALL participants and one copy held in a confidential file.
3. Once a discipline hearing has been called a private location will be secured. All invited parties are to attend, discuss problem with open dialogue, ask invited parties to leave while the discipline committee remains to discuss further course of action, ask invited parties back and outline the discipline procedures with resulting penalty.
4. The Discipline Committee has the power to suspend any player, parent, or coach whose behaviour is deemed detrimental to the team and / or PSA Soccer.
5. The results of the Discipline Committee are final.

Team Discipline

Coaches are completely responsible for your Team's Discipline within the Properties Soccer Guidelines. We strongly suggest the following:

1. Hold a pre-season meeting with the parents. Supply them with a list of rules for the year. Read them out loud and discuss them so everyone is aware of each rule.
2. Repeat the above procedure with all players.
3. When preparing the Team Rules make sure they are realistic and that you are prepared to enforce them. Letting the players participate in setting the minor rules and consequences will make it easier to enforce all the rules. (i.e. Missing practices)
4. Confirm that all players and parents have a copy of the final team rules and each resulting consequence if a rule is broken.
5. Supply a copy of your own team rules to your divisional coordinator prior to October 30—indoor; April 30—outdoor. Your coordinator can assist you in preparing team rules.

Reporting Protocol

Any problems arising shall be reported in the following manner:

PLAYER /PARENT-----> COACH-----> COORDINATOR----->

Discipline Committee Chair

Only written documents will be dealt with at the Discipline Committee level. Any written complaints should reference the exact time, date, location, and participants involved.

The Discipline Committee will keep a permanent record of all hearing results.

EFFECTIVE IMMEDIATELY:

“ANY PSA PARTICIPANT WHO CAUSES A CONFRONTATION WITH ANOTHER PSA PARTICIPANT AT ANY PSA SOCCER ACTIVITY, WITHOUT WAITING A 24 HOUR COOL OFF PERIOD. WILL AUTOMATICALLY BE SUSPENDED FOR 2 WEEKS FROM ALL PSA SOCCER ACTIVITY, AND BE SUBJECT TO FURTHER REVIEW BY THE PSA DISCIPLINE COMMITTEE”

PSA Soccer Board

Please contact your age group coordinator if you have any questions

Executive

Position	Name	Phone	Email
Director	Mark Binet		mark@adapta.net
Assistant Director	Jamie Willox		jpwill@telus.net
Treasurer	Denise MacPhail		jdmacphail@shaw.ca
Secretary	Jane Willox		jpwill@telus.net
Coaches/Technical Coordinator	Wes Clark		wesclark65@gmail.com
Equipment Coordinator	Tammy Newman		tammynewman@shaw.ca

Members

Position	Name	Phone	Email
U-4 Mixed Coordinator	Erika Evans		eevans.76@hotmail.com
U-6 Mixed Coordinator	Erika Evans		eevans.76@hotmail.com
U-8 Boys Coordinator	Aaron Dodds		
U-8 Girls Coordinator	Debbie Green	285-3034	de.green@hotmail.com
U-10 Girls City Coordinator	VACANT		
U-10 Boys City Coordinator	Rose Stagg	695-6411	sugar19_79@hotmail.com
U-12 Boys Coordinator	Sonu Parmar	280-2467	sparmar52000@hotmail.com
U-12 Girls Coordinator	Jane Willox	280-0412	jpwill@telus.net
U-14 Girls Coordinator	Joe Melon	280-1946	melonjk@telus.net
U-14 Boys Coordinator	Albert White	280-1616	dawhite@shaw.ca
U-16 Boys Coordinator	Ralph Green	285-3034	ralphgree@hotmail.com
U-16 Girls Coordinator	Joe Melon	280-1946	melonjk@telus.net
U-18 Boys Coordinator	Ralph Green	285-3034	ralphgree@hotmail.com
U-18 Girls Coordinator	Joe Melon	280-1946	melonjk@telus.net
Fields And Schools Coordinator	Dave Walsh	280-0069	cheetahssoccer@shaw.ca
Grading Coordinator	Ralph Green	285-3034	ralphgree@hotmail.com
Website Coordinator	Sheila Laird	590-0879	slaird@shaw.ca
Registrar	Debbie Green	285-3034	de.green@hotmail.com
Picture Coordinator	Jane Willox	280-0412	jpwill@telus.net
Referee Coordinator	Rui De Campos	280-0219	decampos.r@gmail.com
CMSA Representative	Mark Binet		mark@adapta.net

